

April  
2010

# PRIME TIME NEWS

Mountain View Senior Center

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## SENIOR CENTER HOURS

**Monday - Wednesday**

8:30 a.m. - 9:00 p.m.

**Thursday - Friday**

8:30 a.m. - 5:00 p.m.

## SENIOR CENTER STAFF

STEVE ACHABAL  
Senior Recreation Coordinator

MEGAN GARVERICK  
Recreation Coordinator

CYNTHIA SPINELLA  
Office Assistant III

JUSTINA LINAN  
NANCY HUGYIK  
Recreation Specialist

ELIZABETH MUSSO  
Lunch Program  
650-964-6586

EVENING BUILDING  
ATTENDANTS  
Christian Basconcilo  
Jose DeAnda  
Kyle Ignaitis  
Rich Stephens  
Shona O'Neil  
Kari Thorson

**WORKSHOPS:** Please note that space is limited for all workshops and pre-registration is required. To reserve a seat, call the Center at (650) 903-6330 or visit the front desk.

## SOCIAL SECURITY SERVICE PRESENTATION -

Everyone has questions about Social Security and now is your chance to get answers and clarifications! This is an overview from Janice Esposito who is a public affairs officer for the South Bay Field Office; she is an expert and is here to help! She will also discuss where the future of Social Security is heading.

**Date: Thursday, April 22nd, 2010**

**Time: 1:00 p.m.**

**Location: Senior Center, TBA**



## UTILIZING YOUR EMAIL ACCOUNT TO THE

**FULLEST!** — Just like we may only utilize a very small portion of our brain's potential, many of us are not using our email accounts to their full potential! Luckily we have a workshop designed just to show you all the tricks for your Google or Yahoo email account! If you already have an active Google or Yahoo email account, you can sign up with Monica Lipscomb for this fun workshop. Please note, basic skills and an active Google online account are required. Space is limited sign up early.

**Date: Thursday, April 22nd, 2010**

**Time: 1:30 p.m.**

**Location: Senior Center, Technology Room**

**LET'S TALK TRAVEL** - If you have an interest in travel please join us. We'll meet to discuss upcoming travel opportunities with the Mountain View Seasoned Travelers. New tours for July - Dec. 2010 will be highlighted with a video presentation. Refreshments of dessert and coffee will be served. Sign up at the front desk.

**Date: Thursday, April 29th, 2010**

**Time: 1:00 p.m.**

**Location: Senior Center, Multi Purpose A**

## ORAL HEALTH CARE & DENTAL APPLIANCES

Discover helpful tips to keep your smile fresh and dental appliances clean. Discuss common challenges in oral care cleaning, and available solutions. Attendees will receive complimentary appliance cleaning product samples! Sign up early!



**Date: Thursday, April 29th, 2010**

**Time: 1:00 p.m.**

**Location: Senior Center, TBA**

WORKSHOPS